

Anorectal Manometry

Your appointment has been scheduled for an anorectal manometry in the Endoscopy Lab on the 4th floor of the Ochsner Clinic at 1514 Jefferson Highway in New Orleans. Take elevator B to the 4th floor.

It is very important to follow these instructions otherwise your procedure may be rescheduled or repeated.

Your anorectal manometry is scheduled for date: Arrival Time:

1. You should eat normally before the exam unless instructed otherwise.
2. Buy two disposable enemas from any pharmacy. One to two hours before your appointment put the contents of the first enema into your rectum. Hold it for two minutes. After expelling this enema, wait fifteen minutes. Repeat the procedure with the second enema and hold for two minutes again before expelling. You are now ready for the examination.
3. Do not take the enemas if you have had recent surgery of the colon or rectum, if you have a stoma, or if you are having fever and/or pain. Colon cancer follow-up patients should check with the nurse in Colon and Rectal Surgery regarding the need for enemas.

If you have questions about the cost of the procedure, you should contact your health insurance company as soon as possible. Please bring a Picture ID and your insurance card. You will have to sign treatment authorization forms at check in. It is necessary for you to sign these forms again even if you recently signed these at the time of your clinic visit.

If you have abdominal pain, fever, rectal bleeding, vomiting or any other problems before or during your colonoscopy preparation, contact the scheduling nurse right away at (504) 842-4030 between 7:00 AM to 7:00 PM. After 7:00 PM and on weekends, call (504) 842-3000 and ask for the resident on call for Colorectal Services or Gastroenterology.