



ERCP - Patient Instructions

Your Appointment has been scheduled for an ERCP in the Endoscopy Lab on the 2nd floor of the Ochsner Clinic at 1514 Jefferson Highway in New Orleans. Take elevator B to the 2nd floor of the clinic and follow the signs to the out-patient surgery area.

ERCP is used to diagnose and treat conditions of the bile ducts including retained common bile stone and pancreatic duct stones, strictures of the common bile duct due to both malignant and non-malignant causes, bile leaks and other trauma to the biliary system and tumors affecting the bile ducts. If necessary, your doctor may need to take samples during the procedure.

Please bring a disc of any recent radiology studies that you have had when you come in for your procedure (CT scans, MRIs, PET scans, Ultrasounds, etc.).

Designated Driver on the Day of Your Exam

A responsible adult (family member or friend) must come with you to your ERCP and remain in the endoscopy area until you are discharged. You are not allowed to drive, take a taxi or bus, or leave the Endoscopy center alone. If you do not have a responsible adult (friend or family) with you to take you home, your exam will be cancelled.

It is very important to follow these instructions and the checklist on the other side; otherwise, your procedure may be rescheduled or repeated.

Medications and What to Do

Some of the medicines you take may need to be stopped adjusted before your Lower EUS.

Medication	What to Do
Anticoagulant/blood thinning medication Aggrenox, ASA, Brilinta, Effient, Eliquis, Lovenox, Plavix, Pletal, Pradaxa, Ticlid, Xarelto	Follow the instructions from the scheduling nurse
Coumadin through Ochsner's Coumadin Clinic	Follow the instructions from the Coumadin Clinic
Blood pressure, heart, anti-rejection, and/or seizure medication	Take your regular dose by 6:00 AM the morning of your colonoscopy appointment
Insulin or other oral medication for diabetes	Skip your dose the morning of the procedure, unless instructed otherwise by your doctor and bring your diabetic medications with you to the Lower EUS
Any other medications	Follow the instructions from the scheduling nurse

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If you are a female under the age of 60 years of age, please be prepared to provide a urine sample on arrival.

If you have questions about the cost of the procedure, you should contact your health insurance company as soon as possible. Please bring a picture Id and your insurance card. You will have to sign a treatment authorization forms at check in. It is necessary for you to sign these forms again even if you recently signed these at the time of your clinic visit.

Your ERCP is scheduled for **Date:** [] **Arrival Time:** []

<input checked="" type="checkbox"/>	Time	Activity
Stop Taking: [] Starting: []		
AT LEAST 2 DAYS BEFORE PROCEDURE: Date: []		
<input type="checkbox"/>		Arrange for a family member or friend to come with you on the day of the procedure
DAY BEFORE PROCEDURE: Date: []		
<input type="checkbox"/>	By 7:00 PM	Eat a light evening meal, and eat no solid food after 7pm. You may drink clear liquids including: <ul style="list-style-type: none"> • Water, coffee or decaffeinated coffee (no milk or cream) • Tea, herbal tea • Carbonated beverages (soft drinks), regular and sugar-free • Gelatin dessert (Jell-o), plain or fruit flavored (no red gelatin) • Apple juice, grape juice, cranberry juice, Juicy Juice • Powdered drinks, such as Gatorade, Power Aid, Crystal Light, and Kool-Aid • Lemonade and limeade • Bouillon, clear consommé • Snowball, flavored water-ice, popsicles • Hard candy, sugar, salt • Do not drink any liquids containing red dye • Do not drink any liquids not specifically listed • Do not drink Alcohol • Nothing by mouth after midnight
DAY OF PROCEDURE: Date: []		
<input type="checkbox"/>	When you wake up	Stop drinking all clear liquids except if needed for your final dose of any medications
<input type="checkbox"/>	6:00 AM	Take your last dose of any medications you are allowed to take with a small amount of clear liquid
<input type="checkbox"/>	Before leaving home	Bring the following items with you: Insurance card Picture identification Co-payment
<input type="checkbox"/>	Before appointment	If you are on blood thinners, you may need to stop in the lab on the 2 nd floor before coming to the Endoscopy Lab. Please follow the instructions given by the nurse on the phone.

If you have abdominal pain, fever, rectal bleeding, vomiting or any other problems before or during your ERCP preparation or need to reschedule, contact the scheduling nurse right away at

Lisa Amos LPN (504) 842-3185 between 7:00 AM to 7:00 PM. After 7:00 PM and on weekends, call (504) 842-3000 and ask for the resident on call for Gastroenterology.