

What are speech and language milestones?

Milestones are sets of age-specific tasks that most children can perform at a particular stage of development. If your child is meeting speech and language milestones, it means he or she is communicating using expressive language, receptive language and articulation and speech skills typical for a child his or her age.

What if my child is not meeting milestones?

The list of speech and language milestones included in this brochure is just a guide. If you're concerned at any point in your child's development that he or she is not meeting milestones at the appropriate age, please consult your pediatrician.

If your child is experiencing setbacks, early therapy can be very beneficial in helping him or her reach those milestones and preventing further delays.

Need an appointment?

Schedule a visit with an Ochsner physician by calling **866.OCHSNER (866.624.7637)**.

For Therapy & Wellness appointments, call **504.842.4348**.

Find the therapy you need here.

Therapy & Wellness for Children – Metairie
3211 North Causeway Blvd.
Metairie, LA 70002

Get a referral, and get on the road to recovery!



Need a referral? Schedule a visit with an Ochsner physician by calling **866.OCHSNER (866.624.7637)**.



Already have a physician's referral? To schedule an appointment, simply call in your referral to **504.842.4348**, or fax it to us at **504.842.5488**.



We accept private, Medicaid and most major insurance plans.

OCHSNER PEDIATRIC SPEECH THERAPY

Strengthen Your Child's
Speech and Language Skills.



Help your child master articulation and language skills with Pediatric Speech Therapy through Ochsner Therapy & Wellness. Our skilled therapists will help your child identify and improve delays or disorders.

Speech and Language Milestones:



BABY

0-3 Months

- Startles to loud sounds
- Quiets/smiles when spoken to
- Makes pleasure sounds (cooing)
- Cries differently for different needs

4-6 Months

- Moves eyes in the direction of sounds
- Notices toys that make noise
- Babbles with sounds, including p, b and m
- Chuckles and laughs

7 Months-1 Year

- Enjoys games like peek-a-boo and pat-a-cake
- Recognizes words for common items
- Uses gestures to communicate
- Has one or two words around first birthday

TODDLER

1-2 Years

- Points to a few body parts when asked
- Follows simple commands and understands simple questions
- Points to pictures in a book when named
- Puts two words together

2-3 Years

- Understands differences in meaning
- Follows two-part requests
- Has words for almost everything
- Uses k, g, f, t, d and n sounds

PRESCHOOL/KINDERGARTEN

3-4 Years

- Hears when you call from another room
- Answers simple who/what/where/why questions
- Talks about school or visits with friends
- Uses sentences that have four or more words

4-5 Years

- Pays attention to short stories/answers simple questions
- Understands most of what's said at home/school
- Says most sounds correctly
- Names some letters and numbers



Count on speech and language therapy customized for your child. Our therapists treat:

- Articulation delays
- Articulation disorders
- Receptive/expressive language delays
- Language disorders secondary to autism and down syndrome
- Delays in phonological awareness skills