

Ensuring the safety of

Our  
drivers.



**Ochsner Therapy & Wellness** is committed to assuring you or your loved one is safe to remain or return to driving. We provide both **Driving Skills Assessments** as well as **Training for Adaptive Equipment** to help create peace of mind on the road.

## **What is a Driving Skills Assessment?**

A driving skills assessment is a **two part evaluation conducted by an Ochsner Occupational Therapist**. Our therapists are Certified Driver Rehabilitation Specialists who are trained through the National Association of Driver Rehabilitation Specialists. The first assessment is a clinical assessment where our Occupational Therapist will test the individual's cognitive, visual, reactionary and decision making skills vital for safe driving. This takes about 60 minutes to complete.

Upon passing the clinical assessment, the individual will progress to the **on road testing**. They will be accompanied by our Occupational Therapist and drive a designated Ochsner vehicle. This takes about 90 minutes to complete.

## **What Happens With the Results?**

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If the individual passes the assessment, the results will be reviewed with them and/or family and then sent to the ordering physician. The **patient's physician has the final decision** on the ability to drive.

If the individual does not pass, their occupational therapist and their physician will speak with them about **alternatives for driving**.

## **What is training for Adaptive Equipment?**

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Training for adaptive equipment teaches individuals to drive using hand controls and left foot accelerators.

Individuals will still **need to pass the clinical assessment** before moving on to learn adaptive equipment.

## **Who Would Benefit from an Assessment?**

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Many things can impact one's ability to drive safely on the road. If you or a loved one have been diagnosed with the following, you may be a good candidate:

- Stroke
- Traumatic head injury
- Dementia
- Peripheral Neuropathy - numbness of the legs and feet
- Right lower extremity amputations
- Multiple Sclerosis
- Paraplegia - loss of use of lower extremities

## **Where are the Assessments Located?**

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Ochsner Hospital - Elmwood  
1221 S. Clearview Parkway  
Building B, Outpatient Therapy  
Harahan, LA 70121

To schedule an appointment, call Ochsner Therapy & Wellness today at **504.842.4348**.

